



ST MICHAEL & ST GEORGE

The Cathedral Church of the Bishop of the Forces
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Sunday, 2nd August 2020

EIGHTEENTH SUNDAY IN ORDINARY TIME – YEAR A

1100hrs – Holy Mass (broadcast via Zoom)

Mass Intention: Eamon McGarry RIP

The obligation for the faithful to attend Holy Mass on a Sunday or Holy Day of Obligation remains suspended until further notice.

WELCOME EVERYONE

Each time you attend Mass in person you will be required to complete a 'Track & Trace' form. In addition, please note the following guidance and engage with all of the instructions:

1. Sanitise your hands on entry to, and exit from, the Cathedral.
2. Face masks are optional, two metres social distancing isn't.
3. Adhere to the one-way system by following the arrows.
4. Go straight to your seat on entry and do not engage in conversation with anyone except those from your household.
5. Ensure that there are at least two seats between yourself or your household and another person or household.
6. There will be no exchange of the Sign of Peace.
7. At the invitation to holy communion all join saying 'Amen' as the celebrant presents the host and the chalice from the altar.
8. Nothing will be said, and thus no response is necessary, if you come forward to receive Christ in the Blessed Sacrament.
9. After Mass please put your kneeler on your chair and leave the Cathedral while maintaining two metres social distance.
10. Place your Mass sheet in the bin or take it home with you and put your offering/collection money in the receptacle provided.

EXTRAORDINARY CIRCUMSTANCES

The times when the Cathedral will be open each day for individual prayer are given below *in bold italics*. Mass will continue to be offered privately each weekday for the intentions of the faithful. On Wednesdays Mass is open to the public. The celebration of Mass on Solemnities and Holy Days of Obligation will be via Zoom, as it is on Sundays and Wednesdays.

THIS WEEK

Mon 3rd Aug: *Feria of Ordinary Time, Week 18, Year II*

1400hrs-1600hrs

Tue 4th Aug: *St John Mary Vianney, priest*

1100hrs-1300hrs 1400hrs – Funeral (broadcast via Zoom)

Douglas Laden RIP

Wed 5th Aug: *The Dedication of the Basilica of St Mary*

1130hrs-1600hrs 1200hrs – Holy Mass (broadcast via Zoom)

Nicholas Peter Gosnell RIP

Thu 6th Aug: *The Transfiguration of the Lord*

1100hrs-1300hrs

Fri 7th Aug: *St Sixtus II, pope & Companions, martyrs*

1400hrs-1600hrs

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, together with everyone affected by, and involved in the fight against, Coronavirus in your personal intercessions.

LIVESTREAMING LITURGIES

Sunday's Mass Zoom Invitation details - ID: 816 5745 6315

<https://us02web.zoom.us/j/81657456315?pwd=L2t3M2thcURxVEdFNHh3Y3hKSnFtQT09> Passcode: 263966

Tuesday's Funeral Zoom Invitation details - ID: 851 3677 1834

<https://us02web.zoom.us/j/85136771834?pwd=d0VvRTdjElkTUVOEM3Qj9GZ0RBdz09> Passcode: 181972

Wednesday's Mass Zoom Invitation details - ID: 827 7238 8135

<https://us02web.zoom.us/j/82772388135?pwd=TVM4cXdtdHF6cTFSNWZiZzloU1dNdz09> Passcode: 580809

SPIRITUAL OPPORTUNITY

On 2nd August, the plenary indulgence traditionally called the "Portiuncula" may be acquired in minor basilicas, shrines and parish churches. Requirements are that one makes a devout visit to a church with the recitation there of the Lord's Prayer and the Creed and in addition a sacramental confession, Holy Communion, and prayer for the intentions of the Supreme Pontiff. This indulgence may be acquired only once. The visit may be made from noon the previous day until midnight of the day itself.

UNIVERSAL CELEBRATION

The month of August is traditionally dedicated to the Immaculate Heart of Mary. The physical heart of Mary is venerated (and not adored as the Sacred Heart of Jesus is) because it is united to her person and is the seat of her love (especially for her divine Son), virtue, and inner life. Such devotion is an incentive to a similar love and virtue. Pope Paul VI, on the floor of the Vatican Council on 21st November 1964, renewed publicly the consecration of the Church and the world to Mary's Immaculate Heart.

COMMUNITY ENGAGEMENT

Fr Charles coordinates the team of stewards who are willing and able to make themselves available to greet and supervise visitors to the Cathedral and he is always happy to welcome new volunteer members. The current rota is on the Bishopric website.

CHRISTIAN WITNESS

The Source Young People's Charity is looking for volunteer mentors and volunteer counsellors to work with young people aged 14-25 years, based in Aldershot and the neighbouring towns. Details may be found on the posters on the Bishopric website.

AND FINALLY ...

... the reason a seesaw has two seats is because that way there is always someone to bring you up when you go down.

With every blessing
Fr Nick