

## My Spirit rejoices in God my Saviour

How can we, like Mary, use the words of Scripture to praise God?

Mini-retreat for spiritual renewal 24<sup>th</sup> October 10.00-12.45 Mass; Adoration; Praise; Talk by Mgr. John Armitage









Register in advance at bit.ly/ADOREOCT20 More information from www.altonrenewal.com

Please join us for a mini-retreat morning on Zoom and, through our worship at Mass, Adoration of the Blessed Sacrament, prophetic reflection, praise, and inspiring talk, we will find out how the Lord is speaking to us and how we can respond, through the empowerment of the Holy Spirit.

Mass celebrant and guest speaker **Monsignor John Armitage** is former Rector of the Shrine of Our Lady of Walsingham and closely involved with the rededication of England as "Mary's Dowry" earlier this year.

## **Timetable for the day** (approximate timings)

9.30am Rosary (not online – say privately)
10.00am Mass, Adoration & reflection
11.15am Praise & Worship

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12.45pm End

1.30-5.00 Telephone Healing Ministry

## Joining details

Please register in advance at <a href="mailto:bit.ly/ADOREOCT20">bit.ly/ADOREOCT20</a> or go to <a href="mailto:www.altonrenewal.com/online.html">www.altonrenewal.com/online.html</a> and we will send you the zoom link and password.

Founded in 1975, we are one of the longest running days of Catholic Charismatic Renewal in the country. We are dedicated to the encouragement of a personal relationship with God through His Son Jesus Christ, in the power of the Holy Spirit.

"The Charismatic Renewal is a current of grace of the Spirit for all the Church, not just for some." — Pope Francis

## More information at www.altonrenewal.com

Next meeting: 28<sup>th</sup> November 2020 10.00-12.45 "Do whatever He tells you"

**Speaker: David Matthews**