



ST MICHAEL & ST GEORGE
The Cathedral Church of the Bishop of the Forces
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Sunday, 9th August 2020

NINETEENTH SUNDAY IN ORDINARY TIME – YEAR A

1100hrs – Holy Mass (broadcast via Zoom)

Mass Intention: Elizabeth Hanrahan RIP

The obligation for the faithful to attend Holy Mass on a Sunday or Holy Day of Obligation remains suspended until further notice.

WELCOME EVERYONE

Each time you attend Mass in person you will be required to complete a 'Track & Trace' form. In addition, please note the following guidance and engage with all of the instructions:

1. Sanitise your hands on entry to, and exit from, the Cathedral.
2. Face coverings & two metres social distancing are mandatory.
3. Adhere to the one-way system by following the arrows.
4. Go straight to your seat on entry and do not engage in conversation with anyone except those from your household.
5. Ensure that there are at least two seats between yourself or your household and another person or household.
6. There will be no exchange of the Sign of Peace.
7. At the invitation to holy communion all join saying 'Amen' as the celebrant presents the host and the chalice from the altar.
8. Nothing will be said, and thus no response is necessary, if you come forward to receive Christ in the Blessed Sacrament.
9. After Mass please put your kneeler on your chair and leave the Cathedral while maintaining two metres social distance.
10. Place your Mass sheet in the bin or take it home with you and put your offering/collection money in the receptacle provided.

EXTRAORDINARY CIRCUMSTANCES

The times when the Cathedral will be open each day for individual prayer are given below *in bold italics*. Mass will continue to be offered privately each weekday for the intentions of the faithful. On Wednesdays Mass is open to the public. The celebration of Mass on Solemnities and Holy Days of Obligation will be via Zoom, as it is on Sundays and Wednesdays. The clergy may be contacted via their duty mobile numbers given above.

THIS WEEK

Mon 10th Aug: *St Lawrence, deacon, martyr*

1400hrs-1600hrs

Tue 11th Aug: *St Clare, virgin*

1100hrs-1300hrs

Wed 12th Aug: *St Jane Frances de Chantal, religious*

1130hrs-1600hrs 1200hrs – Holy Mass (broadcast via Zoom)

Jim Ryan (in hospital)

Thu 13th Aug: *St Pontian, pope, & St Hippolytus, pr, martyrs*

1100hrs-1300hrs

Fri 14th Aug: *St Maximilian Mary Kolbe, priest, martyr*

1400hrs-1600hrs

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, together with everyone affected by, and involved in the fight against, Coronavirus in your personal intercessions.

LIVESTREAMING LITURGIES

Sunday's Mass Zoom Invitation details - ID: 812 4879 8879

<https://us02web.zoom.us/j/81248798879?pwd=MXBxVzJGajVkJnNPNGE5WjBldWRNZz09> Passcode: 979561

Wednesday's Mass Zoom Invitation details - ID: 842 5311 7466

<https://us02web.zoom.us/j/84253117466?pwd=NytiWERRTGJ4cUtsMIBDbDFHbkFNZz09> Passcode: 988043

REQUIRED ACTIVITY

Face coverings are mandatory in Places of Worship as from Saturday, 8th August 2020. All those who are attending church must wear a face covering unless they are exempt from doing so. A list (albeit not exhaustive) of such exemptions may be found on the Bishopric website, together with the updated guidelines for the celebration of Mass issued by the Bishops' Conference, from which the following points are taken: 1. During the liturgy readers may remove their face coverings at the lectern to read and should replace them before stepping away from it. 2. The priest, and those who are distributing Holy Communion, should wear face coverings when doing so. 3. Communicants should unloop their face covering and consume the Sacred Host and then replace the face covering before moving back to their seats.

PAPAL FOCUS

The Holy Father's prayer intention for August 2020 is: *'The Maritime World - We pray for all those who work and live from the sea, among them sailors, fishermen and their families.'* To view Pope Francis' video go to: <https://thepopevideo.org/>

HUMAN SOLIDARITY

Cardinal Vincent Nichols' has written a letter to Lebanese Cardinal Bechara Boutros al-Rahi in the wake of the massive explosions that devastated a large area of Beirut last week. It may be viewed on the Bishopric website. Aid to the Church in Need (<https://acnuk.org/>) and Caritas (<https://www.caritas.org/>) are putting together packages of aid.

SPIRITUAL OPPORTUNITY

The 45th anniversary Alton Day of Renewal will begin at 1000hrs on Saturday, 22nd August with a live-streamed Mass from Portsmouth Cathedral, Bishop Philip Egan presiding. A link to access the celebrations, together with details of the day's programme, may be found on the poster on the Bishopric website.

AND FINALLY ...

... start where you are; use what you have; do what you can.

With every blessing
Fr Nick