



ST MICHAEL & ST GEORGE

The Cathedral Church of the Bishop of the Forces
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Sunday, 7th February 2021

FIFTH SUNDAY IN ORDINARY TIME – YEAR B

1100hrs – Holy Mass (broadcast via Zoom)

Mass Intention: Fr Frank Thompson RIP

In line with Government legislation and Bishops' Conference guidelines the Cathedral remains open for private prayer and public worship. The obligation for the faithful to attend Holy Mass on a Sunday or Holy Day of Obligation is suspended.

WELCOME EVERYONE

Each time you attend Mass in person you will be required to complete a 'Track & Trace' form. In addition, please note the following guidance and engage with all of the instructions:

1. Sanitise your hands and follow the one-way system.
2. Face coverings & two metres social distancing are mandatory.
3. Switch off, or place into airline mode, any mobile devices.
4. Go straight to your seat on entry and do not engage in conversation with anyone except those from your household.
5. Ensure that there are at least two seats between yourself or your household and another person or household.
6. There will be no exchange of the Sign of Peace.
7. At the invitation to holy communion all join saying 'Amen' as the celebrant presents the host and the chalice from the altar.
8. Nothing will be said, and thus no response is necessary, if you come forward to receive Christ in the Blessed Sacrament.
9. After Mass please put your kneeler on your chair and leave the Cathedral while maintaining two metres social distance.
10. Place your Mass sheet in the bin or take it home with you and put your offering/collection money in the receptacle provided.

THIS WEEK

The Cathedral will be open each day as shown *in bold italics*.

Mon 8th Feb: *St Josephine Bakhita, virgin*

1400hrs-1600hrs

Tue 9th Feb: *Feria of Ordinary Time, Week 5, Year I*

1100hrs-1300hrs

Wed 10th Feb: *St Scholastica, virgin*

1130hrs-1600hrs 1200hrs – Holy Mass (broadcast via Zoom)

John Murray RIP

Thu 11th Feb: *Our Lady of Lourdes*

1100hrs-1300hrs

Fri 12th Feb: *Feria of Ordinary Time, Week 5, Year I*

1400hrs-1600hrs *Exposition of the Blessed Sacrament*

PRAYER INTENTIONS

Please keep the members of our Armed Forces, their families and all support staff, in your personal intercessions.

SOCIAL ACTION

St John of God Hospitaller Services, in partnership with Caritas Social Action Network, is doing a piece of research looking at how Catholic communities can be supported as they get older. If you are over 18 years of age, and are a regularly practising lay Catholic who attended Mass at least twice a month pre Covid-19, in England or Wales, you can participate in the research. To take part please go to: www.surveymonkey.co.uk/r/FW7SFTY

LIVESTREAMING LITURGIES

Sunday's Mass Zoom Invitation details - ID: 859 2687 5122

<https://us02web.zoom.us/j/85926875122?pwd=U01HTUcxakVpa2wyMTRLc2JoVHFwZz09> Passcode: 640360

Wednesday's Mass Zoom Invitation details - ID: 880 5300 5830

<https://us02web.zoom.us/j/88053005830?pwd=V1ByMnk5MWZl6ME5vSHUrN1F5YjNNZz09> Passcode: 372960

REACHING OUT

Pope Francis published his Message for World Communications Day recently. The full text may be seen on the Bishopric website.

UNIVERSAL INTERCESSION

The Pontifical Council for Justice and Peace and the International Union of Superiors General has designated 8th February as an annual day of prayer and awareness against human trafficking. It falls on the feast day of St Josephine Bakhita, who was kidnapped as a child and sold into slavery in Sudan and Italy. Once Josephine was freed, she became a Canossian nun and dedicated her life to sharing her testament of deliverance from slavery and comforting the poor and suffering. She was declared a Saint in 2000. On this day Catholics all over the world are encouraged to create greater awareness about this phenomenon. Through prayer, we not only reflect on the experiences of those that have suffered through this affront to human dignity, but also comfort, strengthen, and help empower survivors. A life history of St Josephine may be found on the Bishopric website.

GLOBAL FOCUS

This Tuesday, 11th February, is the World Day of the Sick, an observation started in 1992 by Pope John Paul II (who had been diagnosed with Parkinson's the year before) as a way for believers to offer prayers for those suffering from illnesses. The day coincides with the feast of Our Lady of Lourdes and people around the world are asked to take the time to pray for the sick and for those who work very hard to alleviate the sufferings of the sick on this day. Pope Benedict XVI also declared his decision to resign from his post as the Pope on this day in 2013, citing failing health as the reason behind his decision. The Message for the Day from Pope Francis is available on the Bishopric website, together with a guide for the Pastoral Care of the Sick.

AND FINALLY ...

... imagination was given to compensate humanity for what it isn't, while a sense of humour was provided to console it for what it is.

*With every blessing
Fr Nick*